

# ODAY

Call 480-620-6170 to book your adventure

All adventures depart from the spa

### **Rock Climbing**

\$145 per person

We recommend in the afternoon as the rock is shaded after 2pm

# Desert Hiking \$95 per person

We recommend the morning prior to the heat of the day

# **Desert Mountain Biking** \$125 per person (off road)

We recommend the morning prior to the heat of the day

Night Bike Tour \$115 per person

(golf cart paths on property)

Only available in the evening after the sun has gone down

Should you have any special needs or concerns, please reach out to us and we can work with your group. We do lead individual tours (1 person only) but there is an additional costs are specially to the second of t additional cost associated.







Explore the scenic Sonoran Desert with an experienced guide and learn about local plants, animals, geology, and history-while you get a great cardio workout. A variety of treks are available, from modest rolling desert to challenging mountain terrain. Hiking shoes are recommended, but any sturdy athletic footwear will do. Wearing a hat is a good idea, and don't forget the SPF. We'll supply a waist pack, water bottle, and transportation. 2.5 hours

Your guide will ultimately determine what trail best fits the needs of the group. Below is a sampling of some of the hiking options available.

Overton Trail: Moderate, some climbing Classic 3.2-mile loop. Good choice for most hikers.

Slate Trail: Moderate, great scenery Up to 3.3 miles total, out and back. Dense stands of saguaro cactus.

Brown's Ranch Trail: Moderate, great scenery 4.2 miles. 500 feet elevation gain to summit.

Quartz Loop Trail: Moderate, some elevation 3.6 miles. Stunning views.

Go John Trail: Moderate-to-Strenuous Long, 5.8-mile loop. Includes steep, rugged terrain.

Black Mountain Trail: Strenuous 2.5 miles. 1200 feet of elevation gain with steep,

### Boulder Trek (October-May)

rocky, and rugged terrain.

Follow a guide through the boulders on this short-but-rugged, primitive path through raw desert habitat, just a stone's throw from the resort. Get a close-up look at "Levitation Rock" and 700-year-old Hohokam Indian artifacts.

Enjoy a guided tour on some of Arizona's best trails-all within pedaling distance from

the resort. We offer both daytime and nighttime rides, each offering a unique desert experience. The rolling desert terrain is both challenging and fun, while the scenery is unforgettable. Our mountain bikes are hard tail 29ers with disc brakes. We'll also supply the helmet, water bottles, and some expert riding tips. We use regular flat pedals. If you prefer cleat-shoe pedals, just bring yours along! 2.5 hours

### **Night Bike Tour**

The desert comes alive at night as we cruise along the resort's roller-coaster golf cart paths by the light of high-tech LED systems. These "trails" are paved, so this activity is geared for the night-riding novice. We'll supply the bike, helmet, water, and 500-lumen lighting system. 1.5 hours

Experience the thrill of real rock climbing on the resort's majestic granite. Yes, you can do this! Our program is a genuine rock climbing experience, with natural routes rising up to 75 feet. Climbing relies on technique, not raw strength, so participants are often surprised by their own abilities. Our expert guides supply all the gear and teach the basic skills. 2.5 hours

Is this activity suitable for beginners? Yes. Most of our participants have never climbed, or have only climbed indoors.

### What if I'm afraid of heights?

Everyone is, to some degree. That just means you're normal!

### How strong or fit do I need to be?

Upper-body strength is not a factor. If you can climb a tall ladder, you have the physical ability for rock climbing.

Is it true that women often out-climb men? Yes. Climbing is all about finesse.

# PARTICIPATION REQUIREMENTS

Wear athletic clothing suitable for the weather, and sturdy athletic shoes. The desert is no place for sandals of any kind, not even sports sandals. Participants must be at least 16 years of age (children under the age of 16 may participate in private activities only). Be advised that hiking, biking, and climbing are inherently dangerous activities. Safety will take precedence over all other concerns.

Scheduling/canceling: Please sign up at least 4 hours before scheduled event. If you must cancel, we request the same 4-hour courtesy. (Private activities require 24 hours notice for both scheduling and canceling). Schedule/Cancel by calling ext. 540 from your room or by calling the spa directly at [480] 595-3500. Mother Nature sets the schedule for our outdoor adventures in the Arizona Desert. Our activities are scheduled for the ideal times, considering weather, daylight, and temperature.

About our guides: All Black Mountain Adventure guides are physically fit, well-trained, seasoned experts in desert hiking, mountain biking, and rock climbing. Most Black Mountain Adventure guides are EMTs, and many are members of the local Mountain Rescue team.

### **PRIVATE RATES**

Any adventure activity is available on a private basis for you or your party.

	1ST GUEST	ADD'L GUEST
HIKING	\$145	\$95
BIKING	\$175	\$125
CLIMBING	\$205	\$145

An automatic 20% gratuity is added to all scheduled and private activities.

Black Mountain Adventures is the resort's official guide service for rock climbing, mountain biking, and hiking.

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